

	Assessment Tool					
	Alliance for a Healthier Generation	Centers for Disease Control and Prevention	Yale University	National Dairy Council/NFL	Action for Healthy Kids	United States Department of Agriculture
Content Areas	Healthy Schools Program Framework	School Health Index	WellSAT: Wellness School Assessment Tool	Fuel Up to Play 60 School Wellness Investigation	Action for Healthy Kids: Wellness Policy Tool	Smarter Lunchroom Self-Assessment
<i>Physical Activity/PE</i>	x	x	x	x	x	
<i>Nutrition</i>	x	x	x	x	x	x
<i>Policy/Systems/Environment</i>	x	x	x		x	
<i>Health Education</i>	x	x			x	
<i>Employee Wellness</i>	x	x			x	
<i>Health Services</i>	x	x			x	
<i>Counseling & Support Services</i>	x	x			x	
<i>Family/Community Involvement</i>	x	x		x		
Number of Items	50	91 related to healthy eating and physical activity (more for other aspects of health)	50	39	91 related to healthy eating and physical activity	100
Technical Assistance	Yes	Yes	No	Yes	No	No
Completion Style	Online with tools and resources (Fact Finding Sheet) provided to access other school staff to complete the assessment.	Online or pdf version. Encourages team input. Provides scorecard upon completion. Improvement plan.	Online tool that provides you with a scorecard for resources to improve wellness policies.	Online tool that provides you with an overall scorecard for nutrition, physical activity/education, and family/community. You may request a Program Advisor to assist you in entering and interpreting your data. Provides a Playbook for ideas in your school.	The Action for Healthy Kids: Wellness Policy Tool is a seven step process to assess and revise your current wellness policy. Action for Healthy Kids recommends use of the CDC's School Health Index to assess your school. However, the technical assistance provided for developing an action plan is the true benefit. Provides you with grant writing resources.	Printable pdf. Assesses your schools use of no-cost changes to lunchrooms that promote participation and increase profits. You are commended on things you are doing well.